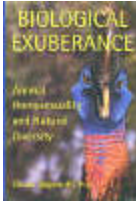


## Suggested Readings on Gender and Transgenderism

Compiled by Gordene O. MacKenzie, PhD and Nancy Nangeroni  
www.gendertalk.com

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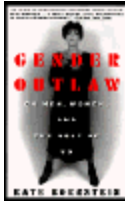
Bagemihl, Bruce (1999). "**Biological Exuberance: Animal Homosexuality and Natural Diversity**," New York: St. Martin's. A revealing examination of sexual diversity among wildlife that conclusively refutes the "it isn't natural" argument.

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Boenke, Mary ed. (1999). "**Transforming Families: Real Stories About Transgendered Loved Ones**," California: Walter Trook Pub. Written by parents, siblings, significant others, spouses, grandparents and friends of transgender persons. Captures a broad range of experiences and perspectives. Contains a list of resources.

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Bornstein, Kate (1996). "**Gender Outlaw: On men, Women, and the Rest of Us**," New York: Routledge. Transactivist Kate Bornstein asks the question: what is a man and what is a woman?

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Bornstein, Kate (1998). "**My Gender Workbook: How to Become a Real Man, a Real Woman, the Real You, or Something Else Entirely**," New York: Routledge. Transactivist Kate Bornstein returns us to the question of what is a man and what is a woman, this time with tests throughout the book to test our gender awareness.

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Brown, Mildred & Rounsley, Chloe Ann (1996). "**True Selves: Understanding Transsexualism for Family, Friends, Coworkers and Helping Professionals**," San Francisco: Jossey Bass. Most comprehensive and widely respected text on transsexualism available.

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Burke, Phyllis, (1996). "**Gender Shock: Exploding the Myths of Male and Female**," New York, Doubleday. Documents the misuse of "Gender Identity Disorder" diagnosis to mistreat and inappropriately institutionalize gender non-conforming children.

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Cameron, Loren (1996). "**Body Alchemy: Transsexual Portraits**," San Francisco: Cleis Press.

Visual presentation of F2M trans bodies that challenge our traditional notions of what a man is.

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Colapinto, John (2000) "**As Nature Made Him: The Boy Who Was Raised a Girl**," Harper Collins.

Exposes a famous medical gender reassignment case as a complete failure, and a well-documented **mis**representation of the malleability of an individual's gender.

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Evelyn, Just (1998). "**Mom, I Need to Be a Girl**," California: Walter Troskoch Pub.



Written from the perspective of a mother whose daughter comes out to her as a M2F trans person. She cites the difficulties they overcame and how she aided her daughter with her transition. **Entire text is available online [here](#)**, or can be downloaded (less sketches) in pdf format via [this link](#)

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Ekins, Richard (1997). "**Male Femaling: A Grounded theory Approach to Cross-Dressing and Sex-Changing**," New York: Routledge.

A social psychologist from the UK develops a theory of cross-dressing and takes a closer look at the meanings of sex and gender.

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Feinberg, Leslie (1998). "**Trans Liberation: Beyond Pink and Blue**," Boston: Beacon Press.

A call to action for those interested in creating social justice. Feinberg points out similarities between GLB struggles and those of trans persons, particularly around issues of silence and shame. S/he passionately calls for building coalitions across oppressions.

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Feinberg, Leslie, (1993). "**Stone Butch Blues**," New York: Firebrand Books.

A beautifully written coming-out piece of fiction. Details an F2M's personal and political struggle for meaning in a transphobic world. Also deals with feminist and gay and lesbian liberation.

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MacKenzie, Gordene, (1994). "**Transgender Nation**," Ohio: Popular Press.

Critiques the medicalization and popular representations of trans persons, and the early trans liberation movement from a socio-political perspective. Proclaims it is not the trans person who is ill and in need of treatment, but rather the culture.

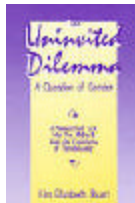
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More, Kate & Whittle Stephen eds., (due out Sept. 1, 1999). "**Reclaiming Genders: Transsexual Grammars at the Fin de Siecle**," Washington: Cassell Pub.

Transgender theory explored by a group of international trans scholars and activists. Thought-provoking essays exploring trans experience from an interdisciplinary perspective. A great text for transgender studies courses at the university level.

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Stuart, Kim Elizabeth, (1991). "**The Uninvited Dilemma**," Beaverton, OR: Metamorphous Press.

One of the first good books on the personal experience of transsexualism, still one of the best available.

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Vera, Veronica, (1997). "**Miss Vera's Finishing School for Boy's Who Want to be Girls**," New York: Doubleday.

Actual experiences from the dean of the world's first "cross-dressing academy." Explores cross-dressing from a very different "treatment" perspective, designed to explore the whole person.

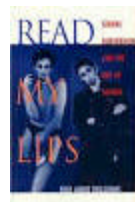
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Walworth, Janis, (1998) "**Transsexual Workers: An Employer's Guide**" Center for Gender Sanity.

An invaluable reference for employers, managers, human resources personnel, and others, about how to handle a transsexual employee's transition from one sex to the other.

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Wilchins, Riki Anne, (1997). "**Read My Lips: Sexual Subversion and the End of Gender**," New York: Firebrand Books.

Written by the transactivist founder of GenderPac. This book heightens awareness as to how we are all oppressed by a dual gender system, challenging our traditional ideas about gender.

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